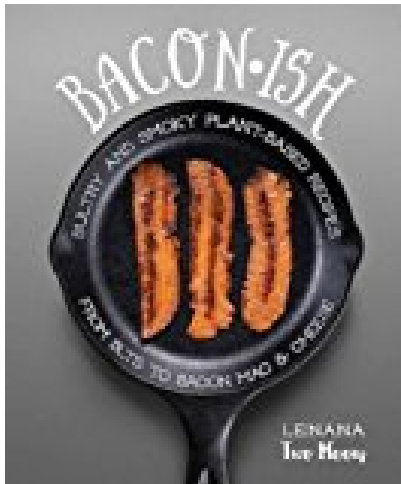


Baconish Sultry and Smoky Plant-Based Recipes from BLTs to Bacon Mac & Cheese



BOOK DETAILS

- Author : Leinana Two Moons
- Pages : 168 Pages
- Publisher : Vegan Heritage Press, LLC
- Language : English
- ISBN : 1941252249

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BOOK SYNOPSIS

The World Health Organization warned in 2015 that processed meats such as bacon cause cancer. With the ingenious recipes in Baconish, you can have your bacon and your health, too! Everything tastes better with bacon. Now you can enjoy that salty, smoky, crispy yum made with healthy plant-based ingredients. It's all in the seasonings, and these easy-to-make recipes are loaded with decadently delicious bacony flavor. Not only that, but these tasty plant-based bacons are low in fat and cholesterol-free. Discover Leinana's basic bacon recipes, made with a variety of plant-based ingredients, and use them to make your favorite dishes that traditionally call for bacon. With your plant-based bacons, you can make everything from Quiche Lorraine and a Bacon and Butternut Galette to BLTs, Bacon Cheeseburgers, and more, including: Bacon Apple Fritters Bacon-Stuffed French Toast Risotto with Peas and Mushroom Bacon Pasta Carbonara These recipes are easy to make, using readily available ingredients, and versatile, too, allowing readers to use the various bacons interchangeably, whenever that salty, smoky, crispy craving strikes. These healthy, animal-friendly recipes are so flavorful, they will satisfy even the most hardcore bacon fiend. The book also includes gorgeous photography by Anthony Two Moons, helpful hints, and much more.

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